

## Blood, Sweat and Beer

32 count / 4-wall  
Improver



**Choreographie:**

Karl-Harry Winson, Jonas Dahlgren

**Music:** Blood, Sweat and Beer by Blackjack Billy

**Intro: 16 Counts on lyrics**

### Section 1 Heel grind R-L, step turn 1/2 L, shuffle turn L

- 1, 2+ R heel fwd, turn toes from L to R recover back on LF, RF step together
- 3, 4+ L heel fwd, turn toes from R to L, recover back on RF, LF step together
- 5, 6 RF step fwd, turn 1/2 L, LF step fwd
- 7 +8 Turn 1/4 L, RF step R, turn 1/4 L, LF cross over RF, RF step back

### Section 2 Back rock, ball step fwd + together, monteray 1/4 R, point r, RF hitch, RF cross over

- 1,2 LF rock back, RF recover
- +3,4 LF step together, RF step fwd, LF step together
- 5+6+ RF point R, RF step together, turn 1/4 R, LF point L, LF step together
- 7+8 RF point R, RF hitch, RF cross over LF

**on wall 3: RF touch next to LF. Restart**

### Section 3 Step back + right, cross shuffle, rock r + recover, reverse sailor step turn 1/4 L

- 1,2 LF step back, RF step R
- 3+4 LF cross over RF, RF step together, LF cross over RF
- 5,6 RF rock R, LF recover
- 7+8 RF cross behind, turn 1/4 L and LF step fwd, RF step R

### Section 4 Rock back recover, kick ball cross, rotate upper body X3, turn 1/4 L with drag

- 1,2 LF rock back, RF recover
- 3+4 LF kick diagonally L, LF step together, RF cross over LF
- 5,6 LF step L, rotate upper body L, transfer weight to RF, rotate upper body R
- 7,8 transfer weight to LF, turn 1/4 L, drag RF back to front

**Tag: step turn 1/2 X2**

- 1,2 RF step fwd, turn 1/2 L and LF step fwd
- 3,4 RF step fwd, turn 1/2 L and LF step fwd

**Tanz beginnt wieder von vorne**